

Visit One: The Principle of *WHY* Summary Points

- The Christian life is often described as a foot race, (1 Corinthians 9:24-25). Parents should not worry about finishing the race *first*, but they need a long-term strategy for finishing *well*.
- Understanding the concept of “*Why*” keeps you on course and moving forward.
 - *Why* is what defines you as a Mom and Dad.
 - *Why* forms the basis of your personal convictions and
 - *Why* gives you the resolve to stay consistent in your parenting
- In the Equation **B + g = W + H = S**:
 - **B** represents your core *Beliefs*.
 - **G** represents the behavioral and intellectual *Goals* we set for our children based on our beliefs.
 - **W** represents the combination of our beliefs and goals. It is the *Why* that provides the basis of our convictions.
 - **H** represents the many options of application (the *How*) that help parents accomplish their *Why*.
 - **S** represents the *Solutions* to parenting needs when the *Why* is satisfied.
- In parenting, the greatest values are not on *How* you accomplish your goals, but the *Whys* that govern your goals.
- *How* we do something only has value to the extent that it satisfies *Why* we do it.
- A major cause of parenting frustration is due to parents unintentionally assigning a greater value to *How* something is done rather than *Why* it is done.
- When confronted by a broken *How* in parenting there are two questions to ponder:
 - *Why* am I doing this?
 - Is there another way I can satisfy the *Why* of my belief?