

# Visit One

## Lesson Summary

- 1. Creating a loving home environment, where a baby feels safe and secure, will always begin with Mom and Dad's commitment to each other.
- 2. *Understanding* is an attribute of learning that all couples must seek to gain as they start their journey of parenting.
- 3. The best way to evaluate any parenting theory is to look at the short and long-term outcomes. Seek to follow after the good examples of other parents.
- 4. Your baby's life will be shaped by three great influences:
  - a. Genetic disposition.
  - b. God given temperament.
  - c. The home environment created by Mom and Dad.
- 5. A mother and father cannot communicate the total message of love apart from the oneness that is formed in the bonds of their marriage. That is how God designed it!
- 6. The Genesis account teaches us that:
  - a. Marriage is the first social relationship established in Scripture.
  - b. Marriage forms a complete family. Children expand the family but do not make you a family.
  - c. The more parents demonstrate love for each other the more they saturate their child's senses with the confidence of a loving, safe and secure world.
- 7. The five principles to keep your marriage strong so you can maximize your parenting influence include:
  - a. Life doesn't stop when you have a baby. It may slow down for a few weeks, but it should not stop entirely.
  - b. Take time to commune with God through prayer and study.
  - c. Date your spouse
  - d. Continue those loving gestures that marked your marital friendship as special
  - e. Learn to practice 'Couch Time'