



# Sample Schedule

## WEEKS 12-15

*After Merge Three*

### Feeding

### Activities

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| <p>1. Early Morning<br/>6:30-7:00 am<br/>_____ am<br/>_____ am</p> <p>2. Mid-Morning<br/>9:30am<br/>_____ am<br/>_____ am</p> <p>2. Afternoon<br/>12:30 pm<br/>_____ pm<br/>_____ pm</p> <p>4. Mid-Afternoon<br/>3:30 pm<br/>_____ pm<br/>_____ pm</p> <p>5. Late Afternoon<br/>5:30-6:00pm<br/>_____ pm<br/>_____ pm</p> <p>6. Early Evening<br/>8:30-9:00 pm</p> | <p>Feeding, diaper change and hygiene care<br/>Waketime<br/>Down for nap</p> <p>Feeding, diaper change and hygiene care<br/>Waketime<br/>Down for nap</p> <p>Feeding, diaper change and hygiene care<br/>Waketime<br/>Down for nap</p> <p>Feeding, diaper change and hygiene care<br/>Waketime<br/>Down for nap</p> <p>Feeding, diaper change and hygiene care<br/>Waketime<br/>Down for nap</p> <p>Feeding, diaper change and<br/>Down for night</p> |
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